



APS/CIRCULAR/2024-25/010

Date: 19.06.2024

Celebration of International Yoga Day

Dear Students and Parents,

We are excited to announce that our school will be celebrating **International Yoga Day** on **21st June**. This event aims to promote the physical and mental well-being of our students through the practice of yoga.

Event Details:

Date: 21st June

Participants: Students from Grade 2 to Grade 7

Dress Code: House T-shirt and black track pants

School Timings: 7:30 AM to 10:30 AM

Please note the following important information:

Participation:

- Only students from **Grade 2 to Grade 7** are eligible to participate in the yoga activities.
- Students are required to wear their **house T-shirt** and **black track pants**.

School Timings:

- School timings for the students will be 7:30 AM to 10:30 AM

Holiday Notice:

- Students from **Pre-Nursery to Grade 1** will have a **holiday on 21st June** and do not need to come to school.

Note: Students need to carry their **water bottles** and **fruits box** along with them.

We believe this celebration will be a wonderful opportunity for students to learn and practice yoga, fostering a healthy lifestyle. Your cooperation and support in ensuring students come prepared in the appropriate attire is greatly appreciated.

We look forward to a successful and enriching International Yoga Day celebration!

Thank you and warm regards

Principal

